



Dr. Phonah Finlay
Doctors EyeCare Grande Prairie



Contact Information



780-830-5330



1-587-823-2020



#107 11709 102 St

Grande Prairie, AB T8V 7S6



admin@doctorseyecaregp.ca



Monday (alternating): 9-3

Tuesday: 11-7:30

Wednesday: 10-5

Thursday & Friday: 9-5

Saturday: Closed

Sunday: Closed



@doctorshonah



Doctors EyeCare Grande Prairie



drshonah.ca



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Who Are We?

We are a locally owned and operated eye clinic located in Grande Prairie, Alberta! Dr. Shonah Finlay established Doctors EyeCare in 2019 so that she could provide the best optical care to her patients by using the latest technology, personalizing treatments to each individual and sourcing high-quality frames from around the world.

Our Mission: To provide the best possible comprehensive eye care for all our patients by remaining current with technology and customizing each treatment to every individual's personal needs.



Our Services

- Comprehensive Eye Exams
- Professional Eyewear Styling
- Dry Eye Assessments
- iLux Treatments
- Zest Treatments
- Myopia Management
- Eye Disease Management
- RGP/Scleral Lens Fittings
- Contact Lens Exams & Fittings



Comprehensive Eye Exams

A comprehensive eye examination is more than a vision test; it offers a view of the whole eye and can identify any potential problems. Even if you do not wear glasses, regular eye exams should remain a part of your health checkups as early detection is the key to continued eye health.

With up-to-date technology, you can expect a full health eye examination including intraocular pressure measurements, OCT scanning and Optomap retinal imaging.



Dry Eye Assessments

Dry eye is a very common condition that occurs when your eyes feel discomfort due to inadequate production, distribution or quality of tears. Since tears lubricate the eyes, this results in your eyes feeling uncomfortable and scratchy. If left untreated excessive dry eye can damage and possibly scar the corneal tissue of your eyes thus impairing vision.

Our dry eye assessment involves specialized testing to determine the type of dry eye you have and to what degree. This exam includes a gauging of how many tears are being produced, the tear salt concentration, inflammation evaluation and Meibomian gland function appraisal. This allows the doctor and ocular hygienist to formulate the best course of treatment.



Contact Fittings & Lessons

We take extra care to determine your ocular health and if your eyes are suitable for contact lenses. During your contact lenses fitting, we measure your corneal curvature and evaluate your tear film. After your initial fitting, we'll book a follow-up appointment to see how well your lens trials fit and if they're providing you with clear vision.

iLux & Zest Treatments

Zest treatments are a painless and effective remedy for those suffering from eyelid inflammation, redness and irritation. Zest works by removing bacteria and demodex that live along the lash margin. The gentle exfoliation and cleansing of debris opens up the Meibomian glands to help release the oils necessary for a healthy tear film.



iLux works by warming the Meibomian glands and gently expressing the oils to unclog blockages and restore oil flow to properly lubricate the eye surface. This treatment is especially helpful to those suffering from severe dry eye. Results are fully felt after 3 months and last 6 to 12 months afterwards depending on the individual.

Our Referral Credit Program

We want to express our appreciation to patients that refer us to their friends and family. That is why we offer a \$25 product credit to both the new patient and the person that referred them!

Our Online Store

We know life is busy and taking the time to call to order contacts is not always practical, we are happy to give our patients access to our online store which enables them to order not just their contacts but eye drops and vitamins as well!

Enjoy order reminders, rebates and the ability to choose between shipping right to your home or the clinic.

Check out the store by scanning this QR code:



How We Give Back

We are always accepting donations for the Lions “Recycle for Sight” program! Since 1925, Lions International has been helping combat vision impairment and blindness by distributing donated eyewear through optical missions around the world.



Our clinic is currently sponsoring Archie, a guide dog for the BC & Alberta Guide Dogs Association! These guide dogs are trained for the blind/visually-impaired, children with autism as well as veterans and first responders with PTSD.



Brands You'll Only Find With Us



Starting in Paris in 1923 by Louis LaFont, the brand is still 100% manufactured in France.



Family operated Wolf Eyewear started in the UK in 2009 and then brought their colorful designs to Canada!



Woodys, designed in Barcelona, was started in 2013 by Josep when he made his first frame from skateboard scraps.



Founded in 1996 in Vancouver, they have an avid passion for fashion with the goal to portray eyeglasses not as a necessity, but an accessory.



Modo was founded in 1990 in New York and is well known for their light titanium frames. Each purchase results in a frame donated to a child in need.



LE PARC was born from Barcelona with the need to create a “playground” where they can innovate, improvise and take risks, having fun and creating new and relevant products.



eco®

Eco began in 2009, making it the first sustainable eyewear brand in the world. Frames are made from recycled metal and plastic from the ocean. A tree is planted with each purchase.



S E R E N G E T I
P H O T O C H R O M I C L E N S E S

Serengeti started in 1982 with exclusive photochromatic technology. In 1985 they introduced the Drivers lens which was heralded as the most important new sunglass in decades.



BLACKFIN

Maria Pramaor opened her own frame-making workshop in 1971. This evolved in 1991 when Blackfin started creating frames made of Japanese titanium. Each frame is still designed and produced entirely in Italy.



KIRK & KIRK

Founded in 1919 in London, the Kirk Brothers developed a unique colour palette of acrylic. All frames are constructed from start to finish in one factory in France.



 bolle

Founded in 1888 by Georges Bollé, they specialize in eyewear for snow sports, water sports, golf, tennis, and cycling.

*Thank you for your support and
entrusting us with your eye care!*



Leave us a Google Review

